



ALTERNATE FATE

You don't have to let those walls hold you back anymore
You don't even have to climb over
Just open up the Door

Outside your prison there's a place where freedom reigns
There are no games to play
No secret words you need to say

Outside those walls there's a river where gentle waters flow
If you follow down the waterfall
No greater peace you'll ever know

Jump off the edge and into the pool below
When you emerge from cleansing waters
You'll feel that mystic glow

The wall was an illusion
The door was always there
Instead you chose pollution
Over fresh and purest air

Sunshine leaves the shadows of your mind behind

Igniting possibilities
Regaining dreams from youth
Trading in your life of lies
For a future full of truth

Sunshine leaves the shadows of your mind behind

David H./SCANA

Who are you really?

You talk one way, you act a different. Why are you hiding behind that mask, when your face is so beautiful? Don't you know you aren't fooling anyone? We see the pain you are struggling with. At least your real friends know. You are struggling with the thoughts and insecurities of your everyday living yet you say nothing and make a false impression to everyone of what your life really is.

Who are you really?

Anonymous 2010



F.I.N.E.

Frustrated, Insecure, Neurotic, Emotional

F.E.A.R.

Face Everything And Recover

N.U.T.S

Not Using The Steps

D.E.N.I.A.L.

Don't Even Notice I Am Lying

H.O.P.E.

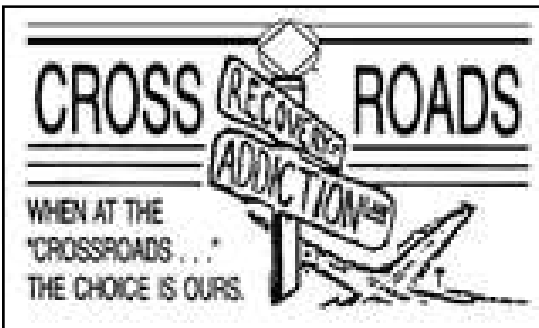
Happy Our Program Exists

G.O.D.

Good Orderly Direction

A.C.T.I.O.N.

Any Change To Improve Our Nature



VIP CLEARANCE FOR JOPLIN HONOR RANCH

Get Involved.....Give Back.....Stay Clean.....Be of Service.....YOU can make a difference!

Must be 18 years old

Must not have been on informal or formal probation or parole for at least one year prior to application

Must Pass a background check

Must not have used illegal drugs for at least 1 year

Must test negative for Tuberculosis

Must attend an orientation seminar

Orientation Dates for 2010:

Monday, September 13th

Monday, October 18th

Tuesday, November 16th

Monday, December 6th

1001 S. Grand Avenue
Santa Ana, CA 92705
7:00 to 9:00 p.m.
714.667.7730

H&I carries a clear message of recovery to addicts who are unable to get to outside meetings. This is accomplished through the operation of panels that visit specific facilities on a regular basis. Our belief is: "That no addict seeking recovery need ever die . . . without finding the way to a better life." If you are looking for a service commitment to *give back what was so freely given to you* --- we would like to invite you to join us at an H&I meeting. We meet the last Sunday of every month at 5:00 p.m. at the Shepherd of the Hills Church, off the 5 freeway at La Paz exit and Muirlands.

The address is:

26001 Muirlands Blvd., Mission Viejo.

JAIL PANEL SPEAKERS NEEDED – 2 Years Clean, 1 Year off Parole/ Probation reporting, Clear NA message of recovery, Pass background check please see any H&I member for a blue clearance card.

WANTED: JAIL CLEARED ADDICTS

Your H&I sub-committee needs jail cleared men and women to SPEAK on jail panels at the James A. Musick facility. We do not want you to commit to being a panel leader, only to be available once in a while to CARRY THE MESSAGE. You must fill out a blue clearance card; see Bev T. or any H&I member. The requirements are two years clean, 1 year off parole & probation reporting, & have a clear NA message of recovery. It is the most awesome & rewarding way to give back what was so freely given to you.

IF YOU HAVE BEEN CLEARED

PLEASE follow up and get your picture ID taken. You need to go to the men's central jail, by appointment only, to get your badge. Call Bev T. for details.



NA Help Line (949) 661-6183

www.southcoastareana.com



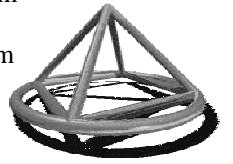
We meet the last Sunday of the month to talk about what's going on in the South Coast Area.

All G.S.R.s are required to attend. Everyone is welcome.

6:30pm @ Shepherd of the Hills Church • 26001 Muirlands • Mission Viejo, CA

At the corner of La Paz & Muirlands.

Chairperson:	Jessica H.	chairperson@southcoastareana.com
Vice Chair:	Mike L.	vicechair@southcoastareana.com
Secretary:	Adam	secretary@southcoastareana.com
Alt. Secretary:	Kim L.	
Treasurer:	Pete D.	treasurer@southcoastareana.com
Alt. Treasurer:	Heather G.	
RCM:	Dominic F.	rsm@southcoastareana.com
Alt. RCM:		
Literature:	Jody S.	literature@southcoastareana.com
Alt. Literature:		
Youth Liaison:		
Phone Lines:	George O.	phonelines@southcoastareana.com
Webmaster:	Matt Mc.	webmaster@southcoastareana.com
Clean Sheets:	Charlie B.	cleansheets@southcoastareana.com



Activities: George O. activities@southcoastareana.com
 2nd Sunday of the Month • 5pm • Palisades United Methodist Church
 27002 Camino De Estrella • Capistrano Beach, CA

H & I: Sandy H. hni@southcoastareana.com
 Last Sunday of the Month • 5pm • Shepherd of the Hills Church
 26001 Muirlands • Mission Viejo, CA • Meets before ASC

Public Info: Taro publicinfo@southcoastareana.com
 3rd Wednesday of the Month • 6pm • Palisades United Methodist Church
 27002 Camino De Estrella • Capistrano Beach, CA



PHONE LINES NEED YOUR HELP

If you like helping others & have free time, NA needs help answering the phone lines.
 Call George O. (949) 201-9484

SPREAD THE WORD

There is a new Farsi speaking meeting on Saturday mornings at 9:30 am at the Kaiser facility in Irvine. See the website or a directory for exact details. AND Don't forget to support our area's Spanish (and English) speaking meeting Solo Por Hoy on Tuesday night at 7:30pm at St. Clements in San Clemente.

CHECK OUT THE NEW INFORMATION PAMPHLETS COMING SOON TO A MEETING NEAR YOU

Recovery Word Search

A	S	D	F	G	H	J	K	L	Z	X	Y	T	I	R	O	H	T	U	A
A	S	W	F	V	G	H	B	R	E	S	P	O	N	S	I	B	L	E	S
N	G	Q	R	A	Z	H	A	S	D	E	H	Y	L	T	C	E	R	I	D
E	F	C	E	C	R	A	N	D	O	M	U	Y	T	R	E	W	Y	R	
V	R	E	E	U	D	E	R	E	B	M	U	N	O	P	I	I	U	I	A
E	J	C	S	L	D	V	D	S	R	E	B	M	E	M	E	B	U	O	O
R	C	N	O	E	M	E	E	T	I	N	G	S	M	G	W	D	C	L	B
D	S	E	L	X	E	N	F	V	F	E	R	G	A	X	T	H	O	S	E
G	K	I	E	I	R	T	C	L	E	A	N	S	N	A	T	U	R	E	D
F	S	C	L	S	T	D	T	L	V	I	S	W	U	D	E	D	G	L	H
G	V	S	Y	T	Y	L	G	I	Y	E	S	E	A	E	P	E	A	P	F
A	J	N	S	D	E	E	N	R	M	S	X	N	L	F	O	N	N	I	W
T	D	O	T	R	G	K	R	J	S	M	A	I	G	I	F	I	I	C	A
H	T	C	A	T	R	A	D	I	T	I	O	N	C	N	C	O	Z	N	S
E	A	H	Y	E	C	J	E	T	A	E	R	C	N	E	B	J	E	I	H
R	R	Q	I	D	Y	R	E	V	O	C	E	R	I	S	E	D	D	R	D
I	I	H	N	N	V	H	E	C	I	V	R	E	S	O	P	R	U	P	O
N	H	G	G	G	G	U	L	I	T	M	A	T	E	D	G	O	R	W	L
G	D	V	D	B	D	H	D	K	S	D	Q	W	O	U	R	T	H	N	H
O	P	P	S	S	I	T	I	O	N	E	S	N	O	I	T	C	N	U	F

All words are taken from Tradition Nine in the Basic Text, pages 73-74

Tradition Nine

AUTHORITY
 BOARDS
 CARRYING
 CLEAN
 COMMITTEES
 CONSCIENCE
 CREATE
 DEFINES
 DIRECTLY
 EXIST
 FUNCTIONS
 GATHERING
 JOINED
 MANUAL
 MEETINGS
 MEMBERS
 MESSAGE

NATURE
 NEEDS
 NINE
 NEVER
 NUMBERED
 OPPOSITION
 ORGANIZED
 PRINCIPLES
 PURPOSE
 RANDOM
 RECOVERY
 RESPONSIBLE
 SERVICE
 SOLELY
 STAYING
 SUCH
 THINGS
 THOSE
 TRADITION
 ULTIMATE



Orange County Area Activities of Narcotics Anonymous Presents
UNITY DAY
 Help Celebrate Our 2nd Annual Unity Day
 On October 9, 2010
SPEAKER MEETING & DANCE
 Recommended Donation
 For dance is \$20.00 Per Person
 \$10.00 Per Couple
 Location:
 1415 S. Syracuse Street
 Santa Ana, CA 92707
 8:00pm - 11:00pm
 Speaker Meeting & Dance
 For more info contact:
 Andrea P. 714-534-4221
 Dave W. 714-637-7014

pre-registration
 southern california regional convention
 of narcotics anonymous 2010
THE desire
 scana thirty-one
 Anaheim California
 Nov 24, 27, 28, 2010
 keep checking website for complete registration package
 brochure/online registration coming in July 2010
 www.todaysna.org

E.I.E.A 7th Annual
Together We Grow
 Sponsor/Sponsee Banquet
 October 2, 2010
 UCR Extension
 1200 University Ave
 Riverside, CA 92507
 From 9:00A.M. To 1:00P.M.
 \$25.00 donation (per person)
 (Try to carpool)
 For more information call:
 Melissa W @ 951-642-9005
 Heather B @ 951-570-8014
 Or contact any E.I.E.A. Activities member for tickets
 The menu and out of your registration information for this event is on the back

Sept. Birthdays

9-1 Ann Marie 2
 Dominic F 4
 Lou R 8
 9-5 Lori Ann W 23
 9-11 Michelle M 9
 9-13 Dani R 6
 9-14 Garry W 24
 9-15 Ken D 7
 9-18 Danielle 5
 Sherry 31

9-19 Rachel I 4
 9-21 Denise J 4
 Rick C 7
 Kim R 11
 9-22 Chris H 2
 9-28 Courtney 2
 9-29 Joel T 2
 James 12

Belated Birthdays

8-15 Kirk 7 years
 Correction
 7-31 Sandy P 2 years



Total Years for September: 162

Helpline: (949) 661-6183