



South Coast Area of Narcotics Anonymous

Clean Sheets



August 2011



Addiction (Dedicated to my brother George)



South Coast Area Activities Presents Annual BEACH BASH
 August 21, 2011 • Doheny State Beach • Life Guard Tower #6

The Beach Bash is now in its 3rd decade!
 It was born for the unity of NA in Southern California!

7am & 4pm Meetings • 12pm: Lunch • \$5 Donation
 2pm: Tug-O-War • 3pm: Watermelon Eating Contest

Contacts:
 Kim R. (949) 813-8370
 Robin L. (949) 243-2600
 Help Line (949) 661-6183

From The 5 (North or South)
 Exit Beach Cities • Take Doheny Park Road Exit • Turn Left
 Doheny Park Road Turns Into PCH • Park Near & Use Pedestrian
 Walk (Over Train Tracks) • Go To Life Guard Tower 6

My brother, my poor brother is searching for his soul.
 His quest has taken many roads.
 His spirit has grown cold.
 His body reeks with misery.
 His mind has reached its end.
 His faith in God has left him.
 His heart it does not mend.

My brother, oh my brother, you cry in all your pain.
 Your sickness has been thorough,
 it took its toll again.
 My brother, oh my brother
 When will you ever learn?
 The road of life is a winding one
 And its values must be earned.

My brother, of my brother, I want you to be well.
 I want you to awaken and leave that living hell.
 I want you to be happy and free from all your pain.
 I want you home my brother.
 I want you home again.

Hospitals & Institutions (H&I) – OPEN PANELS
Women’s Musick Jail Panel - 2nd Wed. from 6:30 – 7:30 p.m. Must complete jail clearance card (see any H&I member to get a card); 2 years’ clean time requirement; 1 year off parole & probation reporting; and have a clear NA message of recovery
Joplin Honor Ranch – 3rd Wed. from 6:30 – 7:30 p.m. Must be VIP-cleared or in the process of; and have a clear NA message of recovery.
Pacific Coast Recovery – 3rd, 4th & 5th Saturday from 7:00 – 8:00 p.m. 1 year clean time requirement; and have a clear NA message of recovery.
Dr. willa’s Detox – 1st Sat. from 6:30 – 7:30 p.m. 1 year clean time requirement; and have a clear NA message of recovery.
 H&I meets the last Sunday of the month at The Effect Church, 27122 B Paseo Espada, Suite 1001, San Juan Capistrano at 4:30 p.m. Get Involved and give

THE SOUTH COAST AREA IS HOSTING A
UNITY DAY / TALENT SHOW / POT LUCK
 On Saturday, September 24, 2011

CALLING ALL TALENTED ADDICTS . . . if you do Comedy, Sing, Dance (children & adults), Play Acoustic Guitar, Poetry, Skits, Juggling – whatever talent you have.....**WE NEED YOU!**
 Think of this as NA’s version of “America’s Got Talent”. Come show us your stuff! If you have talent, or know of anyone who does in our Area or any other Area, please contact Dawn B. (jft93@att.net), Heather P. (hpersons@hotmail.com), or Kayla L. (kleroy23@hotmail.com) **as soon as possible.** There will be a limited number of acts so first come first served.

In addition to the fabulous talent show, we will have a fun-filled day of Fun, Fellowship, Speakers, Good Down-Home NA Information and a delicious Pot Luck. **MARK YOUR CALENDARS.....**

South Coast Area “Unity Day / Talent Show / Pot Luck”
 Saturday, September 24, 2011
 2:00 ‘till about 9:00 p.m.
 San Clemente Presbyterian Church
 119 Avenida De Le Estrella, San Clemente
 (One block East of El Camino Real between Palizada & Presidio)

Please Join the South Coast and Orange County Areas for an . . . H&I POTLUCK
 Saturday, October 1st from 1:00 p.m. – 4:00 p.m.
 Garden Grove Friends Church
 12211 Magnolia Street
 Garden Grove
 Come support both Areas . . . Bring a potluck dish. . . Have Fun. . . Fellowship. . .
 Speakers! The food is beyond amazing! Come and fellowship with addicts in the Orange County Area!

ADHOC UPDATE
 The next ADHOC meeting is going to be on Sunday August 7 at 2:pm.
 It will be held at The Mission Viejo Swim and Racquet Club 26221 Tierra Circle in Mission Viejo, cross streets are La Paz and Mosquero.
 Any questions they can contact me at hpersons@hotmail.com or contact me through the vice chair email link on our website.

NA Help Line (949) 661-6183
www.southcoastareana.com

SCANA

SOUTH COAST AREA OF NARCOTICS ANONYMOUS

We meet the last Sunday of the month to talk about what's going on in the South Coast Area.

All G.S.R.s are required to attend. Everyone is welcome.

6:30pm @ Shepherd of the Hills Church • 26001 Muirlands • Mission Viejo, CA

At the corner of La Paz & Muirlands.

Chairperson: Mike L. chairperson@southcoastareana.com
 Vice Chair: Heather P. vicechair@southcoastareana.com
 Secretary: Kim L. secretary@southcoastareana.com
 Alt. Secretary:
 Treasurer: Heather G. treasurer@southcoastareana.com
 Alt. Treasurer: Sharon
 RCM: Dominic F. rcm@southcoastareana.com
 Alt. RCM: Mike H.
 Literature: Jody S. literature@southcoastareana.com
 Alt. Literature:
 Youth Liaison:
 Phone Lines: George O. phonelines@southcoastareana.com
 Webmaster: Pete D. webmaster@southcoastareana.com
 Clean Sheets: Charlie B. cleansheets@southcoastareana.com
 Parliamentarian: Dawn B.
 Activities: George O. activities@southcoastareana.com

2nd Sunday of the Month • 5pm • Palisades United Methodist Church
 27002 Camino De Estrella • Capistrano Beach, CA

H & I: Sandy H. hni@southcoastareana.com
 Last Sunday of the Month • 4:30pm • The Effect Church
 27122 A Paseo Espada, Ste 904 SJC, CA
 Enter suite door in alley

Public Info: Pete D. publicinfo@southcoastareana.com
 3rd Wednesday of the Month • 6pm • Palisades United Methodist Church
 27002 Camino De Estrella • Capistrano Beach, CA

Become a volunteer in probation

Minimum Volunteer

Requirements

Attend a General Information Meeting

18 Years Old

Legal U.S. Resident

Valid Social Security

number

Valid Driver's License

Pass Background

Investigation

2011

General Information Meetings (GIM)

Tuesday August 2

Wednesday September 7

Thursday October 6

Monday November 7

Tuesday December 6

All general information

meetings will be held in the evenings from 7pm - 9pm at the Grand Avenue Office (GAO)

1001 S. Grand Avenue, Santa Ana 92705

Reservation required to attend meetings. Call (714) 667-7730 to reserve your seat.

For more information call (714) 667-7730 or go to www.oc.ca.gov/probation

H&I carries a clear message of recovery to addicts who are unable to get to outside meetings. This is accomplished through the operation of panels that visit specific facilities on a regular basis. Our belief is: "That no addict seeking recovery need ever die . . . without finding the way to a better life." If you are looking for a service commitment to give back what was so freely given to you --- we would like to invite you to join us at an H&I meeting.

Recovery Word Search

C	S	R	O	S	N	O	P	S	U	F	F	E	R	I	N	G	I	R	O
A	E	N	G	N	I	N	E	T	S	I	L	N	E	R	D	L	I	H	C
R	S	E	I	G	H	T	H	L	A	C	T	I	O	N	G	M	E	O	A
E	U	I	P	H	Y	S	I	C	A	L	D	E	N	K	N	S	I	T	C
F	O	E	G	A	K	C	E	R	W	I	K	S	A	S	I	M	S	H	S
U	P	B	E	U	P	E	T	A	R	U	C	C	A	M	T	O	D	E	E
L	S	R	V	W	I	L	L	I	N	G	T	N	O	H	I	D	N	R	G
L	D	O	I	E	S	S	N	E	R	A	W	R	A	I	R	E	E	S	A
Y	N	K	H	O	N	E	S	T	Y	R	P	O	N	N	W	E	I	N	M
H	E	E	C	E	S	S	V	N	E	G	L	E	C	T	I	R	R	O	A
A	M	N	A	S	N	S	T	L	E	Y	T	L	U	C	I	F	F	I	D
R	A	D	M	I	T	I	E	V	E	R	P	A	R	E	N	T	S	T	N
M	V	H	S	A	B	R	M	N	S	S	G	N	I	L	L	I	K	A	A
E	I	S	T	P	E	I	R	A	E	E	R	S	L	A	O	G	I	L	T
S	C	D	L	A	T	N	E	M	X	V	P	U	R	P	O	S	E	E	S
R	T	R	U	I	T	J	U	D	G	E	I	E	O	S	R	U	S	R	R
O	I	O	A	N	E	U	U	T	L	I	U	G	R	E	A	D	Y	L	E
M	M	W	F	L	R	R	L	O	V	E	R	S	R	A	E	F	E	I	D
E	H	T	A	E	D	Y	T	I	L	I	M	U	H	O	T	S	U	S	N
R	A	T	I	O	N	A	L	I	Z	A	T	I	O	N	F	E	T	T	U

All words are taken from the Eighth Step.

Eighth Step

ACCURATE
ACHIEVE
ACTIONS
ADMIT
AMENDS
AWARENESS
BETTER
BROKEN
CAREFULLY
CHILDREN
DAMAGE
DEATH
DIFFICULTY
EIGHTH
EXAMINE
FAULTS
FEAR
FINANCIAL
FORGIVENESS
FREEDOM
FRIENDS
GOALS
GUILT
HARM
HONESTY
HUMILITY
INJURY
JUDGE
KILLING

LIST
LISTENING
LOSS
LOVERS
MENTAL
NEGLECT
OTHERS
OURSELVES
PAIN
PARENTS
PHYSICAL
PROMISE
PURPOSE
RATIONALIZA-
TION
READY
RELATIONS
REMORSE
SEPERATE
SPONSORS
SPOUSES
SUFFERING
UNDERSTAND
VICTIM
WILLING
WORDS
WRECKAGE
WRITING

If you want your Clean Date listed on this calendar PLEASE contact me or have a GSR do so before the last Wed. before AREA.

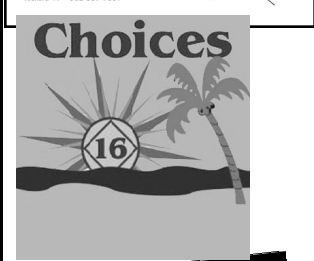
Thank You

Orange County Area Activities of Narcotics Anonymous Presents



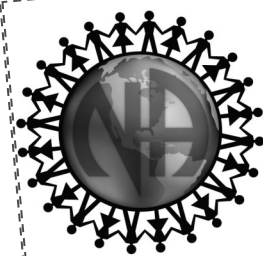
Come Party with us, bring your family and friends & have some FUN! August 6th 2011

Opening Meeting @ 10:30am and close it out with a Bonfire Meeting @ 7:30pm
 Food Plate Donation: Adult: \$6.00 Child: \$3.00
 Huntington Beach City Beach By Lifeguard Station #7
 Contact Information Call: Taty - 714-414-2848 Richard V. - 562-537-7637



August Birthdays

- 8-7 Meghan C 5
- 8-10 Jacque N 10
- 8-11 Charles D 1
- 8-12 Bob R 19
- 8-13 Michael M 24
- 8-14 Derrick M 4
Scott B 4
Krishna J 14
- 8-15 Kirk 8
- 8-18 Nick A 20
- 8-19 Julia P 3
- 8-20 Heather G 5
- 8-22 Brian H 12
Jay G 14
- 8-24 Jody S 13
- 8-28 Sandy H 7
- 8-29 Erin M 4
Corey F 7
- 8-30 Mai 8



...THE TIES THAT BIND...
BASIC TEXT PG. 61



Total Years for August: 181

Helpline: (949) 661-6183